



**FINAL**  
Examination Paper

(COVER PAGE)

Session : August 2015

Programme : Diploma In Culinary Arts (DCA)

Course : DCA2106 : International Cuisine

Date of Examination : 9<sup>th</sup> December 2015 (Wednesday)

Time : 5:00pm – 7:00pm Reading Time: Nil

Duration : 2 Hours

Special Instructions :

Section A: FIFTY (50) Multiple Choice questions. Answer ALL the questions.

Section B : Short answer questions. Answer ALL the questions.

**IMPORTANT NOTE** : **THIS PAPER SHOULD NOT BE TAKEN OUT OF THE EXAMINATION HALL**

Materials permitted :

Nil

Materials provided :

OMR Sheets

Examiner (s) : Chef Yuzrem Ezri bin Mohd Yunus, Chef Eddie, Tan Kean Buan

Moderator : En Mohamad Uda bin Taha

DIPLOMA IN CULINARY ARTS PROGRAMME (DCA)  
DCA2106: INTERNATIONAL CUISINE  
FINAL EXAMINATION: AUG 2015 SESSION

**Section A (50 marks)**

**Instructions:** This section consists of **FIFTY (50)** questions. Answer **ALL** questions in the **OMR** sheet provided.

1. Which of the following countries uses water and broth more than oil or fat in cooking?
  - A. Middle Eastern countries
  - B. Vietnam
  - C. India
  - D. China
  - E. None of the above
  
2. Saffron, nuts and gold leaf incorporated in cuisine are most likely influenced by
  - A. Mongolians
  - B. Persians
  - C. Mexicans
  - D. Americans
  - E. None of the above
  
3. Beef is traditionally not a common meat found in the following countries' cuisine **EXCEPT**
  - A. India
  - B. Vietnam
  - C. Thailand
  - D. Japan
  - E. None of the above
  
4. Steamed rice with coconut milk, and served with fried anchovies, peanuts, sliced cucumber, hard boiled eggs and a spicy chili paste known as sambal. The statement refers to a popular dish in Malaysia known as \_\_\_\_\_
  - A. Nasi Lemak
  - B. Nasi Dagang
  - C. Nasi Lambak
  - D. Nasi Padang
  - E. none of the above

5. Which of the following countries' cuisine generally includes spicy food?

- A. India
- B. Thailand
- C. Malaysia
- D. Indonesia
- E. All of the above

6. *Satay* can be commonly found in the following countries:

- A. Pakistan
- B. India
- C. China
- D. Indonesia
- E. All of the above

7. Middle Eastern cuisine is heavily influenced by

- A. Roman
- B. Ottoman
- C. India
- D. Mongolia
- E. None of the above

8. Turkish cuisine is related to the following **EXCEPT**

- A. vanilla
- B. vibrant colors
- C. spices
- D. nuts
- E. none of the above

9. Which of the following is a Turkish cuisine specialty?

- A. Nasi Bryani
- B. Ristaffel
- C. Lokum
- D. Paella
- E. All of the above

10. \_\_\_\_\_ is the Indian region bordering with Myanmar, Bhutan, Tibet and Bangladesh.

- A. East india
- B. West india
- C. South india
- D. North-west
- E. North-east

11. Which of the following statement is **NOT TRUE** about north Indian cuisine :

- A. Has a strong central Asian influences both in culture and its food
- B. When the Mughals came to power they brought with them Persian and Afghan cook and introduced dish such pilafs and biryanis
- C. Yogurt play an important role in both sweets and savory dishes
- D. North Indian prefer rice to bread
- E. Chapati, paratha and poori are their unleavened flat bread

12. A Turkish specialty made of layers of filo pastry filled with sweetened nuts is known as

- A. shwama
- B. boboobka
- C. yufka
- D. baklava
- E. none of the above

13. Which following statement is **TRUE** about south Indian cuisine:

- A. South Indian cuisine is rice based. Rice are of three basic categories; Long grain, short grain and round grain
- B. South Indians dhal and curries are thicker than north Indians
- C. Before stainless steel become widespread, melamine were the plates of choice
- D. Punjabi produced fiery Andhra cuisine, which is largely vegetarian but also includes a wide range of seafood
- E. Tamil Nadu has kashmiri cuisine, which consist of meat and poultry cooked in tamarind and roasted spices and is one of the most fiery of all Indian food

14. A dish made from cooked eggplant, mixed with onions, tomatoes and olive oil which in Arabic literally translate as “pampered papa”. This statement refers to \_\_\_\_\_
- A. tabouleh
  - B. baba ghanoush
  - C. hummus
  - D. falafel
  - E. kofta
15. A food dip or spread made from cooked and mashed chickpeas blended with tahini, lemon juice, olive oil, salt and garlic. This statement refers to \_\_\_\_\_
- A. tabouleh
  - B. baba ghanoush
  - C. hummus
  - D. falafel
  - E. kofta
16. Meatballs mixed with spices found in Middle Eastern cuisine may be identified as
- A. tabouleh
  - B. baba ghanoush
  - C. hummus
  - D. falafel
  - E. kofta
17. \_\_\_\_\_ is deep fried balls made of ground chickpeas, fava beans, commonly served in a pita most likely resemble
- A. tabouleh
  - B. baba ghanoush
  - C. hummus
  - D. falafel
  - E. kofta
18. A salad of tomatoes, herbs, bulgur wheat and onion most likely resembles
- A. tabouleh
  - B. baba ghanoush
  - C. hummus
  - D. falafel
  - E. kofta

19. The following are considered flatbreads **EXCEPT**
- A. capati
  - B. naan
  - C. pita
  - D. khobez
  - E. all of the above are flat breads
20. Central to Thai diet is
- A. papaya
  - B. bread
  - C. rice
  - D. wheat noodles
  - E. All of the above
21. Thai cuisine is mainly influence by
- A. Vietnam
  - B. China
  - C. Cambodia
  - D. Mongolia
  - E. None of the above
22. Thai cuisine's flavor profile commonly consists of the following **EXCEPT**
- A. sweet
  - B. sour
  - C. spicy
  - D. bitter
  - E. salty
23. *Nam pla* refers to
- A. plum sauce
  - B. fish sauce
  - C. dumpling made from fish
  - D. spicy broth
  - E. none of the above

24. Thai cuisine is heavily influenced by
- A. Communism
  - B. Taoism
  - C. Islam
  - D. Christianity
  - E. None of the above
25. The following ingredients are commonly used in Thai cuisine **EXCEPT**
- A. saffron
  - B. lemongrass
  - C. kaffir lime leaves
  - D. galangal
  - E. none of the above
26. Tom Kah Gai refers to
- A. a spicy white broth
  - B. a dark seafood broth
  - C. a red and spicy broth
  - D. a green seafood curry
  - E. none of the above
27. Commonly used ingredients in *Pad Thai* noodles are as follows **EXCEPT**
- A. peanuts
  - B. fish sauce
  - C. tumeric
  - D. beansprouts
  - E. dry chili flakes
28. Vietnamese cuisine is influenced by
- A. French and Chinese
  - B. Indonesian and Dutch
  - C. Cambodians and Indians
  - D. Portuguese and Japanese
  - E. None of the above

29. Vietnamese cuisine is based on the following entities **EXCEPT**
- A. five elements
  - B. five senses
  - C. five nutrients
  - D. five organs
  - E. all of the above are connected to Vietnamese cuisine
30. Vietnamese cuisine may be generalized as the following **EXCEPT**
- A. inexpensive
  - B. expensive
  - C. fresh
  - D. quickly executed
  - E. all of the above
31. In general, Vietnamese cuisine's cooking approach utilizes
- A. lots of spices
  - B. lots of fat and oil
  - C. lots of cream and coconut milk
  - D. lots of water and broth
  - E. all of the above
32. Vietnamese "spring rolls" most commonly uses
- A. rice paper
  - B. wheat starch paper
  - C. egg wrappers
  - D. flat bread wrappers
  - E. None of the above
33. Beef was first introduced into Vietnamese cuisine by
- A. Indians during the 19<sup>th</sup> Century
  - B. French in the 19<sup>th</sup> Century
  - C. Chinese in the 19<sup>th</sup> Century
  - D. Indonesians in the 19<sup>th</sup> Century
  - E. None of the above

34. *Bahn Mi* is inspired by
- A. Thailand's Tom Yam
  - B. Laotian flat bread
  - C. Chinese spring rolls
  - D. French baguette
  - E. None of the above
35. *Rendang* most likely originated from
- A. north of Malaysia
  - B. Balinese islands of Indonesia
  - C. Minangkabau ethnic group, Sumatra
  - D. Kadayan tribe in East Malaysia
  - E. None of the above
36. *Nonya* cuisine is also known as
- A. ibu dan anak cuisine
  - B. Ying and yang cuisine
  - C. Melayu cuisine
  - D. Peranakan cuisine
  - E. None of the above
37. The following dishes are ethnic *Nonya* cuisine **EXCEPT**
- A. Itik Tim
  - B. Perut Ikan
  - C. Pongtey
  - D. Rogan Josh
  - E. all of the above
38. Malaccan *Nonya* cuisine is influenced by
- A. the Portuguese
  - B. the English
  - C. the Americans
  - D. the French
  - E. None of the above

39. \_\_\_\_\_ also called gado-gado, it is a Javanese dish which consists of long beans, slice of cucumber, beansprout, tauhu, tempe dressed in a special peanut sauce.
- A. Lempeng
  - B. Empeng
  - C. Pecal
  - D. Umai
  - E. Bubur cha-cha
  - F. Passembor
40. *Tempeh* is an Indonesian favorite made out of
- A. high protein mung beans
  - B. fresh soya bean paste
  - C. fermented soya beans
  - D. turmeric infused rice
  - E. None of the above
41. Which of the following cuisine is highly influenced by Hinduism?
- A. Sumatran cuisine
  - B. Balinese cuisine
  - C. Vietnamese cuisine
  - D. Thai cuisine
  - E. all of the above
42. Rijstaffel is
- A. a Portuguese word describing salads
  - B. a Dutch word describing variety of dishes
  - C. a French word describing flatbreads
  - D. a noodle dish adapted from Italians
  - E. None of the above
43. *Chanoyu* has been referred to as the \_\_\_\_\_.
- A. Tea powder
  - B. Tea seeds
  - C. Green tea
  - D. Japanese Tea Ceremony
  - E. None of the above

44. *Hakumai, Gemai, and Mochi* refers to?
- A. Types of tea
  - B. Types of vinegar
  - C. Types of rice
  - D. Types of sushi
  - E. None of the above
45. Rice wine is commonly known as \_\_\_\_\_ which is the general term for alcohol in Japanese.
- A. Asahi
  - B. Sake
  - C. Matcha
  - D. Japanese cider
  - E. All of the above
46. A traditional Japanese breakfast is a bowl of rice, miso (fermented soy paste) soup, plain omelet, some dried fish, and pickled vegetables. This statement refers to:
- A. Asagohan
  - B. Hirugohan
  - C. Bangohan
  - D. Hantohan
  - E. Burugohan
47. Village elders believe that consuming beef inside the house was sacrilege, a desecration of the house, and an insult to their ancestors. Thus young man was forced to cook their beef outside on plowshares. This process known as \_\_\_\_\_.
- A. teppanyaki
  - B. sukiyaki
  - C. yakitori
  - D. sushi zanmai
  - E. teriyaki

48. In order to earn the designation "Kobe Beef", the Wagyu beef must come from \_\_\_\_\_ province.
- A. Matzukaya
  - B. Hokkido
  - C. Hyogo
  - D. Kyoto
  - E. All of the above
49. Koreans eat \_\_\_\_\_ with almost every meal
- A. kimchi
  - B. bulgogi
  - C. rice
  - D. salted egg
  - E. fish
50. Which of the following statements is **NOT TRUE** about Korean food:
- A. The food is served with a bland grain such as rice to cool the heat of the spices
  - B. A meal served for a group of people often includes several large dishes and as many as twenty side dishes.
  - C. unlike other Asian cuisines, Korean cuisine includes many uncooked vegetables served in the form of salads and pickles
  - D. lunch is the biggest meal of the day
  - E. Bulgogi (pool-goh-gee; grilled beef) is one of Korea's best-known meat dishes.

**Section B (50 marks)**

**Instructions:** Answer **ALL** questions.

**Question 1**

Name **FIVE (5)** characteristics of Vietnamese cuisine.

(5 marks)

**Question 2**

State **FIVE (5)** characteristics of Thai cuisine

(5 marks)

**Question 3**

Name **FOUR (4)** similar dishes that are found in both Malaysia and Indonesia. Provide your reasons for their similarities.

(4 marks)

**Question 4**

Name **THREE (3)** noodle dishes found in **THREE (3)** different countries. Explain briefly the differences.

(6 marks)

**Question 5**

Japanese rice is short grain rice that become sticky when cooked. Explain **THREE (3)** types of Japanese rice

(6 marks)

**Question 6**

Briefly explain about 'Kimchi' and it's important in Korean cuisine.

(5 marks)

**Question 7**

Lebanon nestled along the eastern shore of eastern Mediterranean shore. The flavour that spice the foods of all the surrounding land can be found here. List down **FOUR (4)** ingredients mentioned above.

(4 marks)

**Question 8**

Describe **TWO (2)** characteristics of Sichuan cuisine.

(5 marks)

**Question 9**

Define the following ingredients / terms:

- (i) Ghee
- (ii) Pulao
- (iii) Puri
- (iv) Masala
- (v) Paneer

(5 marks)

**Question 10**

List **FIVE (5)** ingredients in preparing Garam Masala.

(5 marks)

**-THE END-**  
*DCA2106(F)/Aug2014*